

Montag

Cabrio-Halle Vormittag

| Bahn | 08:00 08:15 | 08:15 08:30 | 08:30 08:45 | 08:45 09:00 | 09:00 09:15 | 09:15 09:30 | 09:30 09:45 | 09:45 10:00 | 10:00 10:15 | 10:15 10:30 | 10:30 10:45 | 10:45 11:00 | 11:00 11:15 | 11:15 11:30 | 11:30 11:45 | 11:45 12:00 | 12:00 12:15 | 12:15 12:30 | 12:30 12:45 | 12:45 13:00 | 13:00 13:15 | 13:15 13:30 | 13:30 13:45 | 13:45 14:00 | 14:00 14:15 | 14:15 14:30 | 14:30 14:45 | | |
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| 8 | | IGS Brachenfeld 08:20-09:00 | | | | GS Wittorf 09:20-10:00 | | | Fröbelschule 10:00-11:05 | | | | | | | Steinschule 11:55-12:35 | | | Hans-Brüggemann-Schule 12:40-13:15 Uhr | | | | | IGS Brachenfeld 14:00-14:40 | | | | | |
| 7 | | | | | | | | | | SVT Reha Sport | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | Berufsfeuerwehr 10:00-12:00 | | | | | | | | | | | | | | | | Wilhelm-Tank-Schule 14:20-15:40 | | | | |
| 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | | Hans-Böckler-Schule 08:15-08:55 | | | | | | | Lindenschule 09:45-10:45 | | | | | | | | | Hans-Böckler-Schule 12:25-13:05 | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | Mühlenhofschule 11:20-12:00 | | | | | | | | | | | | | | | | |

Cabrio-Halle Nachmittag

| Bahn | 15:00 15:45 | 15:45 16:15 | 16:15 16:30 | 16:30 16:45 | 16:45 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 20:30 | 20:30 21:00 | |
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| 8 | Kurse Bad | SVT | | | | SGN | | | PSV | | | BSG | | | DLRG | | | | | | |
| 7 | | SVT Reha | | | | SGN | | | PSV | | | BSG | | | | | | | | | |
| 6 | | Danfoss | | | | SGN | | | | | | PSV | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | | | | | | | |
| 4 | | | | | | PSV | | | Silber/Gold BAD | | | | | | | | | | | | |
| 3 | | | | | | SVT | | | | | | | | | | | | | | | |
| 2 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | |
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Dienstag

Cabrio-Halle Vormittag

| Bahn | 08:00 08:15 | 08:15 08:30 | 08:30 08:45 | 08:45 09:00 | 09:00 09:15 | 09:15 09:30 | 09:30 09:45 | 09:45 10:00 | 10:00 10:15 | 10:15 10:30 | 10:30 10:45 | 10:45 11:00 | 11:00 11:15 | 11:15 11:30 | 11:30 11:45 | 11:45 12:00 | 12:00 12:15 | 12:15 12:30 | 12:30 12:45 | 12:45 13:00 | 13:00 13:15 | 13:15 13:30 | 13:30 13:45 | 13:45 14:00 | 14:00 14:15 | 14:15 14:30 | 14:30 14:45 | | | | | | | | | | | | | | | | |
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| 8 | Walter-Lehmkuhl-Schule 07:45-09:30 | | | | | | | KGS 09:50-10:45 | | | | | | | | | Rudolf-Tonner-Schule 11:40-12:35 | | | | GS Groß Kummerfeld 12:35-13:15 | | | | | Schwimmkurs Bad | | | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Cabrio-Halle Nachmittag

| Bahn | 15:00 16:00 | 16:00 16:15 | 16:15 16:30 | 16:30 16:45 | 16:45 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 20:30 | 20:30 21:00 | |
|------|---------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-------------------|----------------|----------------|----------------|----------------|--|
| 8 | PSV | | | | SGN | | | | | SVT | | | | SVT | | | | | | | |
| 7 | SVT | | | | | | SGN | | | | | | | | | SGN | | | | | |
| 6 | | | | | | | SC GHN | | | | | | | | | SGN | | | | | |
| 5 | | SVT | | | | | SVT | | | | | | | | | TSV Bornhöved | | | | | |
| 4 | | | | | | | | | | | | | | | | Helios VIP Diving | | | | | |
| 3 | | | | | | | | PSV | | | | | | | | | | | | | |
| 2 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | | | | | | | | | |

Stand:

03.12.2024

Mittwoch

Cabrio-Halle Vormittag

| Bahn | 08:00 08:15 | 08:15 08:30 | 08:30 08:45 | 08:45 09:00 | 09:00 09:15 | 09:15 09:30 | 09:30 09:45 | 09:45 10:00 | 10:00 10:15 | 10:15 10:30 | 10:30 10:45 | 10:45 11:00 | 11:00 11:15 | 11:15 11:30 | 11:30 11:45 | 11:45 12:00 | 12:00 12:15 | 12:15 12:30 | 12:30 12:45 | 12:45 13:00 | 13:00 13:15 | 13:15 13:30 | 13:30 13:45 | 13:45 14:00 | 14:00 14:15 | 14:15 14:30 | 14:30 15:00 | |
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| 8 | HBS 7:40-8:15 | GGG Einfeld 08:15-08:45 | | Projektschule 09:00-10:00 | | | | Gustav Hansen-Schule 10:05-10:45 | | | Aqua Jogging BAD 11:00-11:45 | | | WTS 12:00-13:15 | | | | | | | | | | | | | | IGS Faldera 14:20-15:00 |
| 7 | | | | | | Klaus-Groth-Schule 09:50-10:45 | | | | | | | SVT Reha 11:30-12:30 | | | Workout Jogging | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | | | Privatschule Mittelholstein | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | | | Pestalozzi-schule 08:30-09:10 | | Grundschule an der Schwale 9:05-9:45 Uhr, 9:55-10:35, 10:45-11:25 | | | | | | | | Kantschule 11:40-12:20 | | | Kantschule 12:30-13:10 | | | | | Elly-Heuss-Knapp-Schule (13:40-14:50) Kurse Bad (14:00-14:45) | | | | | | | |
| 1 | Privatschule Mittelholstein | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Cabrio-Halle Nachmittag

| Bahn | 15:00 16:00 | 16:00 16:15 | 16:15 16:30 | 16:30 16:45 | 16:45 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 20:30 | 20:30 21:00 | |
|------|---------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-----|
| 8 | Kurse Bad | DLRG | | | | | | | | | | | PSV | | | | Scubalu | | | | |
| 7 | | | | | | | | | | | | | | | | | Scubalu | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | | | | | SVT | | SVT |
| 4 | | | SGN | | SGN | | PSV | | | | Nemo Divers | | | | | | | | | | |
| 3 | | | | PSV | | | | | | | | | | | | | | | | | |
| 2 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | | | | | | | | | |

Stand:

03.12.2024

Donnerstag

Cabrio-Halle Vormittag

| Bahn | 08:00 08:15 | 08:15 08:30 | 08:30 08:45 | 08:45 09:00 | 09:00 09:15 | 09:15 09:30 | 09:30 09:45 | 09:45 10:00 | 10:00 10:15 | 10:15 10:30 | 10:30 10:45 | 10:45 11:00 | 11:00 11:15 | 11:15 11:30 | 11:30 11:45 | 11:45 12:00 | 12:00 12:15 | 12:15 12:30 | 12:30 12:45 | 12:45 13:00 | 13:00 13:15 | 13:15 13:30 | 13:30 13:45 | 13:45 14:00 | 14:00 14:15 | 14:15 14:30 | 14:30 14:45 | 14:45 15:00 | | | | |
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| 8 | | Hans-Böckler-Schule 08:15-08:55 | | | | | | | | | IGS Brachenfeld 10:20-11:00 | | | | GGs Boostedt 11:35-12:15 | | | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | Klaus-Groth-Schule 09:50-10:35 | | | | | | | | Holstenschule 12:05-12:45 | | | | | | | | | | | | | |
| 2 | Gartenstadt-schule 7:50-8:30 | | Privatschule Mittelholstein 08:30-09:30 | | | | | | | | Hermann-Claudius-Schule 10:45-11:50 | | | | | | | | | | | | | | | | | | | | | |
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Cabrio-Halle Nachmittag

| Bahn | 15:00 16:00 | 16:00 16:15 | 16:15 16:30 | 16:30 16:45 | 16:45 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 20:30 | 20:30 21:00 | |
|------|---------------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|--|
| 8 | Kurse Bad | SGN | | | | Bronze Bad | | Bronze Bad | | | | | | SGN | | | | | | | |
| 7 | | | | | | | | SGN | | SGN | | | | | | | | | | | |
| 6 | | SVT | | | | | | | | | | | | | | | | | | | |
| 5 | | | | | | SVT | | | | | SVT | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | | Orca Divers | | | | | |
| 3 | | | | | | PSV | | | | | | | | | | | | | | | |
| 2 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | |
| 1 | | | | | | | | | | | | | | | | | | | | | |

Freitag

Cabrio-Halle Vormittag

| Bahn | 08:00 | 08:15 | 08:30 | 08:45 | 09:00 | 09:15 | 09:30 | 09:45 | 10:00 | 10:15 | 10:30 | 10:45 | 11:00 | 11:15 | 11:30 | 11:45 | 12:00 | 12:15 | 12:30 | 12:45 | 13:00 | 13:15 | 13:30 | 13:45 | 14:00 | 14:15 | 14:30 | |
|------|--|-------|-------|---------------------------|-------|-------|----------------------------|-------|-------|--------------------|-------|----------------------------|---|---------------------------------------|-------|-------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|
| | 08:15 | 08:30 | 08:45 | 09:00 | 09:15 | 09:30 | 09:45 | 10:00 | 10:15 | 10:30 | 10:45 | 11:00 | 11:15 | 11:30 | 11:45 | 12:00 | 12:15 | 12:30 | 12:45 | 13:00 | 13:15 | 13:30 | 13:45 | 14:00 | 14:15 | 14:30 | 14:45 | |
| 8 | Hans-Böckler-Schule 7:40-08:40 | | | GS Einfeld 08:45-09:25 | | | Klaus-Groth 09:50-10:45 | | | AvH 12:00-12:40 | | | Rotary Club 10.01.-04.04.2025 14:00-16:00 | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | IGS Faldera (09:50-10:30) GS Bönebüttel (10:00-11:00) | | | | | | | | | | | IGS Faldera 11:00-11:40 | | Timm-Kröger- Schule 12:05-12:35 | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | Timm-Kröger-Schule (11:05-11:35) | | | | | | | | | | | | |
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Cabrio-Halle Nachmittag

| Bahn | 15:00 | 16:00 | 16:15 | 16:30 | 16:45 | 17:00 | 17:15 | 17:30 | 17:45 | 18:00 | 18:15 | 18:30 | 18:45 | 19:00 | 19:15 | 19:30 | 19:45 | 20:00 | 20:15 | 20:30 | 20:45 | 21:00 |
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| | 16:00 | 16:15 | 16:30 | 16:45 | 17:00 | 17:15 | 17:30 | 17:45 | 18:00 | 18:15 | 18:30 | 18:45 | 19:00 | 19:15 | 19:30 | 19:45 | 20:00 | 20:15 | 20:30 | 20:45 | 21:00 | |
| 8 | DLRG | | | SGN | | | | PSV | | | | DLRG BB | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | | | | | |
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| 4 | SVT | | | | | | | | | | | | | Scubalu | | | | | | | | |
| 3 | DLRG | | | | | | DLRG Nortorf | | | | | | Scubalu | | | | | | | | | |
| 2 | Sportschwimmerbahn | | | | | SVT | | | Sportschwimmerbahn | | | | | | | | | | | | | |
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Stand:

03.12.2024

Samstag

| Bahn | 10:00 10:15 | 10:15 10:30 | 10:30 11:00 | 11:00 12:00 | 13:00 15:00 | 15:00 15:30 | 15:30 16:00 | 16:00 16:30 | 16:30 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 21:00 | |
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| 8 | SC GHN | | | | | Lichtblick | | | | SGN | | | | | Schwimmschule Seerobbe | | | | | | | | | |
| 7 | | | | | | | | | | SGN | | | Oceanic | | | | | | | | | | | |
| 6 | SGN 10:00-12:00 | | | | | | | | | | | | | | | | | | | | | | | |
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| 4 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | | |
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Sonntag

| Bahn | 08:00 10:00 | 10:00 11:00 | 11:00 14:00 | 14:00 15:00 | 16:00 16:15 | 16:15 16:30 | 16:30 16:45 | 16:45 17:00 | 17:00 17:15 | 17:15 17:30 | 17:30 17:45 | 17:45 18:00 | 18:00 18:15 | 18:15 18:30 | 18:30 18:45 | 18:45 19:00 | 19:00 19:15 | 19:15 19:30 | 19:30 19:45 | 19:45 20:00 | 20:00 20:15 | 20:15 21:00 | |
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| 8 | | HPD | Nemo's | Nemo's | | | | | | | | | | | | | | | | | | | |
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| 6 | Sportschwimmerbahn | | | | | | | | | | | | | | | | | | | | | | |
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